



40 Days of Focus 2025

From Pastor Domingue...

There's an older song that goes something like, "If we ever needed the Lord before, we sure do need Him now." I think we can agree this is such a time—time like our ancestors must have felt when our country reneged on its promises again and rolled back all the gains that were made during Reconstruction. But just like the resilience of God's people shine forth then, our resilience will break through now. We live with confidence that God does God's best work for us and through us in the most terrible times.

That's why I'm excited about this season of fasting and seeking God during the season that we have come to call "40 Days of Focus." This is our time to seek the face of God, discern the will of God, and to demonstrate the glory of God. I look forward to the testimonies that will come forward as we fast, pray, study, and praise God together during this dedicated time of devotion.

Peace

Important considerations

Fasting—During the 40 days you may choose to abstain from eating food for a certain amount of time...from social media...from television, or (You fill in the blank) so that you might discipline your flesh and pay more attention to God

Financial Boycott—You may consider withholding money from those institutions that are not fair and equitable to God's people

Devotion—You may consider choosing a time everyday to spend at least 20 minutes in reading Scripture, prayer, and meditation

Weekly Activities

Meatless Monday—Don't eat any meat as another sign of discipline of the flesh and healthy eating

Get Smart Tuesday—Read from a book, an article, or any publication that will help you to learn something that will improve our lot as humans

Wellness Wednesday—Make sure to check your vital statistics...eat a "healthy" food that you've never tried before...CHECK ON YOUR PEOPLE

No Spending Money Thursday—Develop a habit of taking at least one day of the week that you don't spend any money unnecessarily

Holiness Friday—Set aside at least 20 minutes to spend in devotion time to read Scripture, pray, and meditate

Week 1**Scripture: II Peter 3:14-18****Prayer Consideration:** That we might grow/mature during this 40 Days of Focus**MARCH****5-8****Week 2****Scripture: Genesis 4:1-12****Prayer Consideration:** That God will use us to stop the violence in our community**MARCH****10-15****Week 3****Scripture: Luke 15****Prayer Consideration:** That we will connect people to God and people to people**MARCH****17-22****Week 4****Scripture: II Chronicles 7:14****Prayer Consideration:** That we will experience personal and communal revival**MARCH****24-29****Week 5****Scripture: Psalms 121; III John 2****Prayer Consideration:** That our young people will prosper and be in good health**MARCH 31 -****April 5****Week 6****Scripture: Romans 12:6-8; I Corinthians 12-14****Prayer Consideration:** That the Church will operate fully in the gifts of the Spirit**April****7-12****Week 7****Scripture: John 3:16****Prayer Consideration:** That we never forget and always appreciate what God has done for us**April****14-19****Important Dates**

Ash Wednesday (March 5th) is considered a sacred day of reflection, contemplation, and repentance for our thoughts and deeds against God.

Palm Sunday (April 13th) is the day we remember Jesus' triumphant entry into Jerusalem to begin what we call Holy Week.

Good Friday (April 18th) is the day we commemorate the suffering and lynching our Nubian Redeemer.

Resurrection Sunday (April 20th) is the day we celebrate our Risen Christ!